



## Join Food for Families Friday Gathering

The idea of the Food for Families Friday (FFF) program evolved out of a need to provide additional meals to Domus Pacis out-of-county families, plus provide support to local Summit County families impacted by cancer. In addition many residents, new to the county as well as long-time, newly retired residents, were looking for ways to be philanthropic in a communal way.

### Objective:

The program consists of coordinating a group of volunteers that meet one Friday a month at the Summit County Community & Senior Center to prepare large quantities of food such as chili, soups, casseroles, desserts, snacks, breakfast burritos, etc. to be distributed to Domus Pacis families and local Summit County cancer patients. Supported largely by a grant from TSF and great coverage by the Summit Daily News, what began as a two month prototype evolved into an amazingly successful formalized program!

### Process:

These highly anticipated gatherings, require significant staff and volunteer coordination. The tasks involved are to:

- Define upcoming dietary needs
- Research healthy recipes
- Purchase the food and containers
- Solicit the volunteers
- Supervise the food preparation (*done by volunteers having varying cooking skills*)
- Package and transport meals and desserts
- Log FFF-prepared items into inventory

Food not immediately needed, is frozen. Delivery (by staff and/or volunteers) of the communally prepared meals to respite families and local cancer patients' families is included in the program.



